

Fakultet za sport i fizičko vaspitanje  
Univerzitet Crne Gore  
Narodne omladine bb  
81400 Nikšić  
Crna Gora



Faculty for Sport and Physical Education  
University of Montenegro  
Narodne omladine bb  
81400 Nikšić  
Montenegro

T: +382 40 235 207 \* F: +382 40 235 200 \* W: www.fsnk.ucg.ac.me \* E: fakultetzasportnk@t-com.me

Broj: 1146/2  
Nikšić, 19.9.2022.

**UNIVERZITET CRNE GORE**  
**ODBORU CENTARA ZA DOKTORSKE STUDIJE**  
**SENATU**

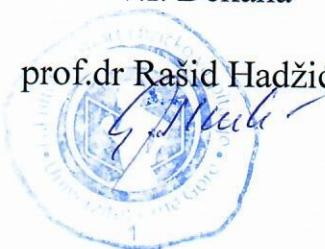
Predmet: Imenovanje mentora

Poštovani,

U prilogu Vam dostavljamo Obrazac M, Odluku Vijeća Fakulteta za sport i fizičko vaspitanje broj 1140 od 19.07.2022.godine o predlogu kandidata za mentora mr Ivanu Vukoviću, studentu doktorskih studija Fizička kultura, molbu za imenovanje mentora broj 672 od 17.5.2022.godine kao i odluku o izbornom zvanju, biografiju i bibliografiju predloženog mentora doc. dr Bojana Mašanovića.

v.f. Dekana

prof.dr Rašid Hadžić



Fakultet za sport i fizičko vaspitanje  
Univerzitet Crne Gore  
Narodne omladine bb  
81400 Nikšić  
Crna Gora



Faculty for Sport and Physical Education  
University of Montenegro  
Narodne omladine bb  
81400 Nikšić  
Montenegro

T: +382 40 235 207 \* F: +382 40 235 200 \* W: www.fsnk.ucg.ac.me \* E: fakultetzasportnk@t-com.me

Broj: 1190  
Nikšić, 19. 9. 2022

Na osnovu člana 64 Statuta Univerziteta Crne Gore i člana 29 Pravila doktorskih studija, Vijeće Fakulteta za sport i fizičko vaspitanje iz Nikšića, na sjednici održanoj 19.07.2022.godine, donijelo je:

### ODLUKU

I Predlaže se doc. dr Bojan Mašanović sa Fakulteta za sport i fizičko vaspitanje, Univerziteta Crne Gore, za mentora kandidatu mr Ivanu Vukoviću, studentu doktorskih studija Fizička kultura Fakulteta za sport i fizičko vaspitanje.

II Predlog uputiti Centru za doktorske studije Univerziteta Crne Gore na dalju proceduru.

### OBRAZLOŽENJE

Kandidat mr Ivan Vuković, student doktorskih studija Fizička kultura podnio je Zahtjev za imenovanje mentora sa pratećom dokumentacijom.

Komisija za doktorske studije Fakulteta za sport i fizičko vaspitanje je razmotrila zahtjev i dostavila Vijeću fakulteta Predlog, pa je Vijeće odlučilo kao u dispozitivu ove odluke.

Pripremila  
  
Željka Đorđević

V.f. Dekana



Prof.dr Rašid Hadžić

Dostavljen:

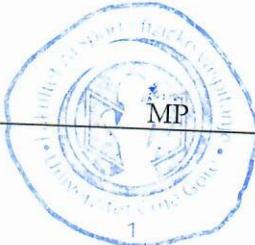
- a/a
- Centru za doktorske studije UCG
- Senatu UCG

## MENTORSTVO

ПРЕДЛОЖЕНИ МЕНТОР/И			
	Titula, ime i prezime	Ustanova i država	Naučna oblast
Prvi mentor	doc. dr Bojan Mašanović	Fakultet za sport i fizičko vaspitanje Univerziteta Crne Gore	Sportske nauke
Drugi mentor			
Sjednica Vijeća organizacione jedinice na kojoj je izvršeno predlaganje mentora			19.7.2022.godine
КОМПЕТЕНЦИЈЕ МЕНТОРА (pet objavljenih radova u relevantnim časopisima)			
Prvi mentor	1 <b>Masanovic, B.</b> (2019). Comparative Study of Morphological Characteristics and Body Composition between Different Team Players from Serbian Junior National League: Soccer, Handball, Basketball and Volleyball. <i>International Journal of Morphology</i> , 37(2), 612-619.		
	2 <b>Masanovic, B.</b> , Gardasevic, J., Marques, A., Peralta, M., Demetriou, Y., Sturm, D.J., & Popovic, S. (2020). Trends in Physical Fitness Among School-Aged Children and Adolescents: A Systematic Review. <i>Frontiers in Pediatrics</i> , 8, 627529.		
	3 Xiao, W., Soh, K.G., Wazirencik, M.R.W.N., Talib, O., Bai, X., Bu, T., Sun, H., Popovic, S., <b>Masanovic, B.</b> , & Gardasevic, J. (2021). Effect of Functional Training on Physical Fitness Among Athletes: A Systematic Review. <i>Frontiers in Physiology</i> , 12:738878. doi: 10.3389/fphys.2021.738878		
	4 Min, S., <b>Masanovic, B.</b> , Bu, T., Matic, R.M., Vasiljevic, I., Vukotic, M., Li, J., Vukovic, J., Fu, T., Jabucanin, B., Bujkovic, R., & Popovic, S. (2021). The Association Between Regular Physical Exercise, Sleep Patterns, Fasting, and Autophagy for Healthy Longevity and Well-Being: A Narrative Review. <i>Frontiers in Psychology</i> , 12:803421. doi: 10.3389/fpsyg.2021.803421		
	5 Grasgruber, P., <b>Masanovic, B.</b> , Prce, S., Popovic, S., Arifi, F., Bjelica, D., Bokuvka, D., Cacek, J., Davidovic, I., Gardasevic, J., Hrazdira, E., Hrebíckova, S., Ingrova, P., Potpara, P., Stracarova, N., Starc, G., Mihailovic, N.M. (2022). Mapping the Mountains of Giants: Anthropometric Data from the Western Balkans Reveal a Nucleus of Extraordinary Physical Stature in Europe. <i>Biology</i> , 11(5), 786. doi: 10.3390/biology11050786		
Drugi mentor	1		
	2		
	3		
	4		
	5		

### PODACI O MAGISTRANDIMA I DOKTORANDIMA

	Broj magistranada		Broj doktoranada	
	trenutno	ukupno	trenutno	ukupno
Prvi mentor				
Drugi mentor				
<b>Datum i ovjera (pečat i potpis odgovorne osobe)</b>				
U Nikšiću, 19.7.2022.				



DEKAN  
*G. Jelić*



**MOLBA ZA IMENOVANJE MENTORA  
IZ REDA NASTAVNIKA ILI NAUČNIH  
SAVJETNIKA/SARADNIKA UCG**

**stud. 2021/22. god.**

fakultet / institut	FAKULTET ZA SPORT I F. V.	
studijski program	FIZIČKA KULTURA	
student (Ime Prezime)	ANNA VUKOVIĆ	
br. ind.		
predloženi prvi mentor  (popuniti ako predloženi mentor nije sa fakulteta UCG na kojem je organizovan studijski program)	(Ime Prezime) BOJAN MAJANOVIC	docent <input checked="" type="checkbox"/> vanredni prof. <input type="checkbox"/> redovni prof. <input type="checkbox"/> naučni sarad. <input type="checkbox"/> viši nauč. sarad. <input type="checkbox"/> naučni savj. <input type="checkbox"/>
	fakultet / institut:	
predloženi drugi mentor  (popuniti ako predloženi mentor nije sa fakulteta UCG na kojem je organizovan studijski program)	(Ime Prezime)	docent <input type="checkbox"/> vanredni prof. <input type="checkbox"/> redovni prof. <input type="checkbox"/> naučni sarad. <input type="checkbox"/> viši nauč. sarad. <input type="checkbox"/> naučni savj. <input type="checkbox"/>
	fakultet / institut:	
Datum: 16.05.2022.	Molbu podnosi student: (potpis) <i>Anna Vučović</i>	
	Sa molbom saglasan prvi mentor: (potpis) <i>Bojan Majanović</i>	
	Sa molbom saglasan drugi mentor: (potpis)	

Црна Горе  
УНИВЕРСИТЕТ ЦРНЕ ГОРЕ  
ФАКУТЕТ ЗА СПОРТ И ФИЗИЧКО ВАСПИТАЊЕ

Примљенот:	12.5.2022		
Орг. ч.	Број	Прилог	Вриједност
	672		



**Univerzitet Crne Gore**  
adresa / address: Cetinjska br. 2  
81000 Podgorica, Crna Gora  
telefon / phone: +382 20 414 255  
fax: +382 20 414 230  
mail: rektorat@ucg.ac.me  
web: www.ucg.ac.me

**University of Montenegro**

Broj / Ref 03 - 2960

Datum / Date 18.09.2019

Приказана:		18.09.2019	
Сен. год.	Број	Прим. број	Пријем
	2066		

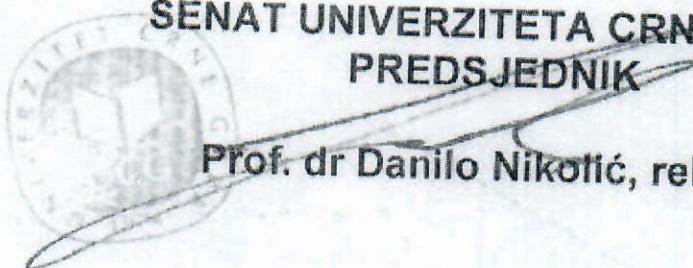
Na osnovu člana 72 stav 2 Zakona o visokom obrazovanju („Službeni list Crne Gore“ br 44/14, 47/15, 40/16, 42/17, 71/17) i člana 32 stav 1 tačka 9 Statuta Univerziteta Crne Gore, Senat Univerziteta Crne Gore na sjednici održanoj 18.09.2019. godine, donio je

### **O D L U K U O IZBORU U ZVANJE**

**Dr Bojan Mašanović** bira se u akademsko zvanje docent Univerziteta Crne Gore za oblast Sportske nauke, na Fakultetu za sport i fizičko vaspitanje Univerziteta Crne Gore, na period od pet godina.

**SENAT UNIVERZITETA CRNE GORE  
PREDSJEDNIK**

**Prof. dr Danilo Nikolić, rektor**



## Kratka biografija

Bojan Mašanović je diplomirao na Fakultetu fizičke kulture Univerziteta u Novom Sadu i stekao zvanje profesora fizičkog vaspitanja (1997-2001). Na istom Univerzitetu nastavio je dalje školovanje i stekao zvanje Magistra fizičke kulture (2008) i Doktora nauka iz oblasti fizičke kulture (2015). Godine 2017. je angažovan kao saradnik u nastavi na Fakultetu za sport i fizičko vaspitanje u Nikšiću, a u akademsko zvanje docent Univerziteta Crne Gore za oblast Sportske nauke izabran je 18. septembra 2019. godine. Na istoj instituciji, na dužnost prodekanu za nastavu, imenovan je odlukom Rektora Univerziteta Crne Gore 25. februara 2022. godine. Aktivno se bavi istraživačkim radom, a objavio je u saradnji sa svojim kolegama preko 100 naučnih radova u međunarodnim časopisima, uključujući one sa visokim impakt faktorom iz kategorija Q1 i Q2. Više puta je nagrađivan kreditnim mobilnostima u okviru ERASMUS+ i CEEPUS programa, što mu je omogućilo da boravi i predaje na univerzitetima u Španiji, Hrvatskoj (3 puta), Turskoj (2 puta), Češkoj (2 puta), Madjarskoj, Sloveniji i Francuskoj. Učesnik je dva ERASMUS + Sport projekta (istraživač i administrator u projektu EUFITMOS; koordinator za instituciju i istraživač u projektu SWOST) i šest drugih naučnih i bilateralnih projekata, a predstavnik je Crne Gore u pet COST akcija. Glavni urednik međunarodnog časopisa „Journal of Anthropology of Sport and Physical Education“ bio je od 2017. do 2022. godine, a trenutno je urednik specijalnih izdanja časopisa BioMed Research International, Frontiers in Pediatrics and Frontiers in Public Health, kao i povremeni recenzent u više međunarodnih časopisa (Montenegrin Journal of Sports Science and Medicine; Sport Mont; International Journal of General Medicine; Diabetes, Metabolic Syndrome and Obesity Targets and Therapy; Scientific Reports; BMC Sports Science, Medicine and Rehabilitation; PLOS One; Psychology Research and Behavior Management; Risk Management and Healthcare Policy; Baltic Journal of Health and Physical Activity; International Journal of Sports Science & Coaching; Frontiers in Pediatrics; Frontiers in Public health; Journal of Sport Rehabilitation; Frontiers in Physiology; Facta Universitatis, Series: Physical Education and Sport; Nutricion Hospitalaria; International Journal of Environmental Research and Public Health; Healthcare; Frontiers in Nutrition, Physician and Sportsmedicine, Medicina, Patient Preference and Adherence, Frontiers in Sports and Active Living). Takođe a tri godine bio i predsjednik organizacionog odbora godišnje međunarodne naučne konferencije koju organizuje Crnogorska sportska akademija. Univerzitet Crne Gore dodijelio mu je priznanje za postignute rezultate i doprinose razvoju naučno-istraživačkog, umjetničkog i stručnog rada na Fakultetu za sport i fizičko vaspitanje u 2019. Godini, a Albanska asocijacija sportskih nauka nagradu za visok doprinos u razvoju obrazovanja i sportskih nauka u Albaniji kroz naučnoistraživački rad.

## Bibliografija

### Radovi u časopisima koji se nalaze u međunarodnim citatnim bazama SCI, SCIE, SSCI, A&HCI

1. Masanovic, B. (2019). Comparative Study of Morphological Characteristics and Body Composition between Different Team Players from Serbian Junior National League: Soccer, Handball, Basketball and Volleyball. *International Journal of Morphology*, 37(2), 612-619.
2. Masanovic, B. (2019). Impact of Physical Exercise Programs and Programs of Social Activity on Public Health and Social Inclusion of Young People. *Iranian Journal of Public Health*, 48(6), 1180-1181.
3. Masanovic, B. (2019). Gender and Age Differences in Attitudes of Serbian Pupils toward Physical Education Lessons and their Preferences Regarding Lesson Organisation. *Croatian Journal of Education*, 21(1), 213-231.
4. Popovic, S., & Masanovic, B. (2019). Effects of Physical and Social Activity on Physical Health and Social Inclusion of Elderly People. *Iranian Journal of Public Health*, 48(10), 1922-1923.
5. Starc, G., Popović, S., Đordić, V., Ostojić, S., Musić Milanović, S., Kujundžić, E., Spiroski, I., Đurić, S., Mašanović, B., Sember, V., & Leskošek, B. (2019). Differences in body height between the contemporary Western Balkan children and the WHO growth references core sample. *Anthropological Notebook*, 25(3), 55–67.
6. Masanovic, B., Popovic, S., Jarani, J., Spahi, A., & Bjelica, D. (2020). Nationwide stature estimation from armspan measurements in Albanian youngsters. *International Journal of Morphology*, 38(2), 382-388.
7. Banjevic, B., Popovic, S., & Masanovic, B. (2020). Body Mass Index and Body Fat Percentage of Armed Forces Personnel in Montenegro among Different Age Groups. *Iranian Journal of Public Health*, 49(5), 1010-1011.
8. Masanovic, B., Popovic, S., Bjelica, D., & Gardasevic, J. (2020). The 2018 National Report on Children's and Adolescents' Physical Activity and Physical Fitness for Montenegro. *Iranian Journal of Public Health*, 49(10), 1992-2000.
9. Masanovic, B., Arifi, F., & Gardasevic, J. (2020). Relationship between sitting height measurements and standing height: A prospective regional study among adolescents in the southern region of Kosovo. *International Journal of Morphology*, 38(6), 1681-1685.
10. Popovic, S., Masanovic, B., Martinovic, S., Bjelica, D., & Gardasevic, J. (2020). Trajectories in Body Height, Body Weight, BMI, and Nutrition Status From 1979 to 1987: A Measurement-Based Analysis of 15,717 Male Adolescents From the Capital City of Montenegro. *Frontiers in Public Health*, 8, 610358.
11. Popovic, S., Banjevic, B., Masanovic, B., & Bjelica, D. (2020). Body Mass Index and Measures of Body Fat for Defining Obesity and Underweight: A Cross-Sectional of Various Specialties in Montenegrin Army Soldiers. *Iranian Journal of Public Health*, 49(12), 2376-2383.
12. Masanovic, B., Gardasevic, J., Marques, A., Peralta, M., Demetriou, Y., Sturm, D.J., & Popovic, S. (2020). Trends in Physical Fitness Among School-Aged Children and Adolescents: A Systematic Review. *Frontiers in Pediatrics*, 8, 627529.
13. Masanovic, B., Gardasevic, J., & Bjelica, D. (2021). Comparative study of anthropometric measurement and body composition between elite handball and volleyball players from the serbian national league. *International Journal of Morphology*, 39(1), 287-293.

14. Marques, A., Henriques-Neto, D., Peralta, M., Martins, J., Gomes, F., Popovic, S., Masanovic, B., Demetriou, Y., Schlund, A., & Ihle, A. (2021) Field-Based Health-Related Physical Fitness Tests in Children and Adolescents: A Systematic Review. *Frontiers in Pediatrics*, 9, 640028.
15. Gardasevic, J., Bjelica, D., Bajramovic, I., Masanovic, B., & Popo, A. (2021). Differences in body composition between water polo players (u18) of the southeast europe top clubs. *International Journal of Morphology*, 39(2), 430-435.
16. Bjelica, D., Gardasevic, J., Milosevic, Z., Bozic, P.R., & Masanovic, B. (2021). Trajectories of Body Height, Body Weight, BMI, and Nutrition Status from 1979 to 1987: A Measurement-Based Analysis of 8740 Montenegrin Male Adolescents from the Municipality of Berane. *International Journal of Environmental Research and Public Health*, 18(10), 5490.
17. Veljovic, V., Spalevic, Z., Bubanja, M., & Masanovic, B. (2021). Body mass index and body fat percentage of police force in Montenegro in different age groups. *Nutrición Hospitalaria*, 38(3), 679-680.
18. Renninger, D., Sturm, D.J., Marques, A., Peralta, M., Popovic, S., Gardasevic, J., Masanovic, B., & Demetriou, Y. (2021). Physical Activity and Body-Mass-Index: Do Family, Friends and Teachers Restrain the Risk for Physical Inactivity in Adolescents? *Sustainability*, 13, 6992.
19. Masanovic, B., Bjelica, D., Milosevic, Z., Corluka, M., & Garasevic, J. (2021). Trends in body height, body weight, bmi, and nutrition status from 1979 to 1987: A measurement-based analysis of 10,954 male adolescents from the municipality of Bijelo Polje. *International Journal of Morphology*, 39(4), 1036-1041.
20. Xiao, W., Soh, K.G., Wazirencik, M.R.W.N., Talib, O., Bai, X., Bu, T., Sun, H., Popovic, S., Masanovic, B., & Gardasevic, J. (2021). Effect of Functional Training on Physical Fitness Among Athletes: A Systematic Review. *Frontiers in Physiology*, 12:738878. doi: 10.3389/fphys.2021.738878
21. Spalevic, Z., Veljovic, V., Bjelica, D., & Masanovic, B. (2021). Body Mass Index and Measures of Body Fat for Defining Obesity and Underweight: A Cross-Sectional Study of Various Specialties in Montenegrin Police Force. *International Journal of Morphology*, 39(6), 1677-1682.
22. Aleksić Veljković, A., Katanić, B., & Masanovic B. (2021). Effects of a 12-Weeks Yoga Intervention on Motor and Cognitive Abilities of Preschool Children. *Frontiers in Pediatrics*, 9, 799226. doi: 10.3389/fped.2021.799226
23. Min, S., Masanovic, B., Bu, T., Matic, R.M., Vasiljevic, I., Vukotic, M., Li, J., Vukovic, J., Fu, T., Jabucanin, B., Bujkovic, R., & Popovic, S. (2021). The Association Between Regular Physical Exercise, Sleep Patterns, Fasting, and Autophagy for Healthy Longevity and Well-Being: A Narrative Review. *Frontiers in Psychology*, 12:803421. doi: 10.3389/fpsyg.2021.803421
24. Katanic, B., Pekovic, S., Matic, R.M., Vukovic, J., Masanovic, B., & Popovic, S. (2022). The 2021 National Report on Sports Innovation for Montenegro: Content Analysis. *Sustainability*, 14(4), 2463. doi: 10.3390/su14042463
25. Grasgruber, P., Masanovic, B., Prce, S., Popovic, S., Arifi, F., Bjelica, D., Bokuvka, D., Cacek, J., Davidovic, I., Gardasevic, J., Hrazdira, E., Hrebíckova, S., Ingrova, P., Potpara, P., Stracarova, N., Starc, G., Mihailovic, N.M. (2022). Mapping the Mountains of Giants: Anthropometric Data from the Western Balkans Reveal a Nucleus of Extraordinary Physical Stature in Europe. *Biology*, 11(5), 786. doi: 10.3390/biology11050786
26. Banjevic, B., Katanic, B., & Masanovic, B. (2022). Hip anatomical variations of Montenegrin military members among different age groups. *International Journal of Morphology*, 40(3), 672-673.